

DRAFT SYLLABUS

FOR

MODULAR EMPLOYABLE SKILLS

(MES)

GENERAL INFORMATION

1. Name of the Trade : **BEAUTY THERAPY& HAIR STYLING**
(Level-1)
2. NCO Code No. :
3. Duration : 500 Hours
4. Power Norms : 4 kW
5. Space Norms : 60 Sq.m.
6. Entry Qualification : Passed 10th class Examination
7. Unit Size(No. of Student) : 20
8. Instructor's/Trainer's qualification: Graduate with the five years of experience in relevant field, CIDESCO/CIBTAC/City & Guilds/ITEC, Certificate from a government recognized institute.
9. Exit Level : Successful candidates would
Be able to work as Beauty therapist, Facial therapist, Make Artist & Hair stylist.

DRAFT SYLLABUS FOR BEAUTY & HAIR STYLING LEVEL -1 (MES)

No.of hrs.	Theory	Practical
Th- 8 hrs Pr- 16 hrs	<p><u>Personality Development</u></p> <ul style="list-style-type: none"> • Personal Grooming • Hygiene Rules • Professional Ethics • Communication Skills 	<ul style="list-style-type: none"> • Group Discussion. • Personal Grooming for professional
Th-6 hrs Pr- 8 hrs	<p><u>Sterilization & Sanitization</u></p> <ul style="list-style-type: none"> • Purpose • Methods • Safety Precaution /do's & don'ts 	<ul style="list-style-type: none"> • Trolley setting • Practice in using of all equipments use for sterilizing & sanitizing
Th-6 hrs Pr- 24 hrs	<p><u>Manicure & Pedicure</u></p> <ul style="list-style-type: none"> • Definition • Purpose • Selection of Tools & Equipments • Product knowledge • Procedure • Safety Precautions/do's & don'ts • Contra indications • Contra-actions • After care/Home care 	<ul style="list-style-type: none"> • Trolley setting • Client consultation • Practice for Manicure & Pedicure
Th-6 hrs Pr- 24 hrs	<p><u>Temporary removal of Superfluous hair</u></p> <ul style="list-style-type: none"> • Hair growth cycle • Purpose of removing superfluous hair. • Definition and Methods of Epilation and Depilation • Product Knowledge • Allergy test • Client consultation • Procedure • Contra-actions • Contra-indications 	<ul style="list-style-type: none"> • Trolley setting • Client consultation • Allergy test procedure • Practice in waxing-hot , cold & warm wax • Practice by chemical depilation method

	<ul style="list-style-type: none"> • Safety precautions/Do's & Dont's. • After care/home care 	
Th-6 hrs Pr- 24 hrs	<p><u>Threading, Tweezing and Bleaching</u></p> <ul style="list-style-type: none"> • Purpose • Definition • Types and methods • Client consultation • Product knowledge • Patch test • Procedure • Contra-actions • Contra-indications • Safety precautions/Do's & Dont's. • After care/Home care 	<ul style="list-style-type: none"> • Trolley setting • Client consultation • Practice of eyebrow shaping, upper lip, chin & forehead by threading and tweezing method • Patch test procedure • Bleaching procedure
Th-3 hrs Pr- 32 hrs	<p><u>Basic Hair Styling</u></p> <ul style="list-style-type: none"> • Purpose • Selection of tools , equipments& cosmetics • Client consultation • Knowledge of Hair Styling techniques as <ul style="list-style-type: none"> a) Rolls b) Twisting c) Braiding d) Curls • Safety Precautions • After care 	<ul style="list-style-type: none"> • Trolley setting • Client draping • Practice of making different types of hair styles with the use of hair accessories
Th- 6 hrs Pr- 56 hrs	<p><u>Thermal Hair Styling</u></p> <ul style="list-style-type: none"> • Purpose • Selection of tools , equipments& cosmetics • Client consultation • Types of thermal styling equipments as - <ul style="list-style-type: none"> a) Hair dryer b) Crimping rods c) Straightening rods d) Electric rollers e) Curling rods. • Safety Precaution / Do's & don'ts • After care 	<ul style="list-style-type: none"> • Trolley setting • Client draping • Practice in making different hair styles with the use of different thermal equipments.

<p>Th- 8 hrs Pr- 60 hrs</p>	<ul style="list-style-type: none"> ● <u>Basic Make-up & Bindi Designing</u> ● Purpose ● Selection of Tools ● Color theory ● Client consultation ● Recognition of types of skin ● Selection of correct colors, correct cosmetic. ● Types of Make-Ups <ul style="list-style-type: none"> a) DayMake-Ups b) EveningMake-Ups c) Bridal make- up. ● Application Techniques ● Safety Precautions/ Do's & don'ts ● After care 	<ul style="list-style-type: none"> ● Trolley setting ● Client draping ● Practice in different types of Make-Ups. ● Practice in different types of Bindi Designing.
<p>Th-6 hrs Pr- 57 hrs</p>	<p><u>Facials</u></p> <ul style="list-style-type: none"> ● Meaning of Massage ● Techniques of Massage ● Benefits of Massage ● Selection of Tools & Equipments ● Recognition of types of skin <ul style="list-style-type: none"> a) Oily b) Dry c) Combination d) Normal skin. ● Procedure according to skin type. ● Safety Precautions/ Do's & don'ts ● After care. 	<ul style="list-style-type: none"> ● Trolley arrangement. ● Practice in giving facials according to types of skin
<p>Th-6 hrs Pr- 10 hrs</p>	<p><u>Scalp Massage, Shampooing/Conditioning, Rinsing</u></p> <ul style="list-style-type: none"> ● Purpose ● Client consultation ● Scalp analysis ● Knowledge of different gadgets for scalp treatment ● Product knowledge ● Scalp Manipulations ● Benefits ● Safety Precaution / Do's & don'ts ● After care. 	<ul style="list-style-type: none"> ● Trolley setting ● Client Draping ● Scalp Analysis ● Procedure of giving a Shampoo, conditioner & Rinsing. ● Scalp manipulations ● Practice in uses of gadgets as-High frequency, Infra Red Lamp, Scalp Steamer for treatment of hair &

		scalp.
Th- 08hrs Pr- 56 hrs	<p><u>Hair Cuts</u></p> <ul style="list-style-type: none"> • Hair texture. • Sectioning. • Facial shapes • Hair cutting techniques • Elevation • Selection of tools & equipments • Product knowledge • Client consultation • Knowledge of types of basic haircuts as- <ul style="list-style-type: none"> a) One Length b) 'U' cut c) Blunt cut d) Forward Layering e) Square Layer f) Fringes • Safety Precautions Precaution / Do's & don'ts • After care. 	<ul style="list-style-type: none"> • Trolley setting • Client draping • Practice in all types of basic haircuts.
Th-03 hrs Pr- 36 hrs	<p><u>Natural Hair Pack</u></p> <ul style="list-style-type: none"> • Purpose • Classification • Client consultation • Procedure • Safety Precautions/ Do's & don'ts • After care 	<ul style="list-style-type: none"> • Trolley setting • Client draping • Practice in applying • Natural Hair Pack (Henna)
25 hrs		<ul style="list-style-type: none"> • Market Survey • Project Work

Note :- Sterilization of tools & hand sanitization should be practised in each practical.

Standard list of tools & equipments per station for two trainees

S. No.	Description	Qty.
Hair		
1	Barber Scissors	1 No
2	Thinning Scissors	1 No
3	Velcro Rollers (Large, medium, & small)	1 dz.each
4	Perm rollers (Star Perm, Ladder Perm, spiral rods,	1 dz. Each

	Chop sticks, Wooden rollers (different sizes Small, medium, large)	
5	Manual Razor	1 No
6	Dust Brush	1 No
7	Swiggle	1 No
8	Dye Brush	1 No
9	Back View Mirror	1 No
10	Cutting sheet	1 No
11	Dye Bowl	1 No
12	Professional Hair Brushes set	1 set
13	Scalp steamer	1 No
14	Hot Rollers	1 Set
15	Dummy head on stand with slipon	1 No
16	Dryer	1 No
17	Crimper	1 no for 5 stations
18	Mirror Panel	1 No.
19	Styling Chair (multipurpose for hair & beauty services)	1 No.
20	Shampoo Station with chair	1 no for 5 stations
21	Hair Trolley	01 No.
22	Ceramic Straightening Iron	1 No.
23	Curling Rods with attachments	1 no for 5 stations
24	Neck Tray (for perming)	1 No.
25	Rebonding Boards	1 No.
26	Benders	1 dz.
27	Hood Dryer	1 no for 5 stations
28	Gloves (Latex)	1 no for 5 stations
Skin		
1	Magnifying lamp	1 No
2	Vapozone	1 No
3	Beauty Studio (Ultrasonic/Galvanic/High Frequency, Brushing unit, Vacuum & Spray)	1 No
4	High frequency*	1 No
5	Infra red Lamp	1 No
6	Wax heater	1 No
7	Beauty Trolleys	1 No.
8	Facial Bed	1 No.
9	Manicure Bowls	1 No
10	Pedi spa tub	1 No
11	Pedicure Foot Bath	02 No.
12	Manicure stools	1 no.
13	Manicure table	1 No.
14	Pedi stool	1 No.
15	Manicure Trolley	1 No.
Lab		
1	Dry Sterilizer (Ultra Violet)	1 no for 5 stations
2	Boiler	01 No.
3	Front wash Basin	1 no for 5 stations
4	Curtain/Blinds for Lab	As required

5	Blanket	1 No
6	Hot towel cabinet	1 no for 5 stations
7	Computer system with Internet facility & Printer	01 No.
8	Computer Table	01 No.
9	Heat Convector	04 No.
10	Air conditioner split 2 ton with stabilizer	As Required
11	Student Lockers	1 per student
12	Refrigerator	1 No.
13	Almirah	1 no for 5 stations
14	Teacher's Chair and table set	1 No.
15	Black head remover	1 No.
16	Display board (minimum 3X4 feet size)	As Required
17	Wet Sterilizer	1 no for 5 stations

TRAINEE'S PERSONAL KIT		
S.No.	Description	Qty.
1	Tail comb	01 each
2	Style Comb	01 each
3	Open teeth tail comb	01 each
4	Small Bowl	02 each
5	Facial Band	02 each
6	Spray bottle	01 each
7	Nail File	01 each
8	Nail Cutter	01 each
9	Plain Switches	01 each
10	Switch Stand	01 each
11	Personal Towel (Medium)	02 No.
12	Napkin	02 No.
13	Hair Accessories	As required
14	Make-up Brush	01 each
15	Pack & Bleach Brush	01 each
16	Wax applicator	01 each
17	Braid	01 each
18	Bob Pins	As required
19	Juda Pins	As required
20	Setting clips	As required
21	Lab Coat	01 each
22	Manicure Set	01 each
23	Pedicure Set	01 each

Note :-

- Sterilization of tools & hand sanitization should be practised in each practical.
- Services of guest speakers (Yoga Instructor/Soft Skills Speaker will be taken for relevant subjects like Yoga & Communication Skills etc).

- Note: Above mentioned items are for a batch of 20 trainees, in case VTPs are intend to start with the batch 10 trainees the requirements would be reduced accordingly.